



EL DORADO UNION HIGH SCHOOL DISTRICT
PONDEROSA HIGH SCHOOL

"Pride Honor Spirit"
3661 Ponderosa Road Shingle Springs, CA 95682
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Jeremy Hunt, Principal
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As part of California Department of Public Health (CDPH) guidelines for Youth Sports, we are required to offer free COVID-19 testing for all indoor athletes through Valencia Labs. The student-athlete testing protocol is designed to help prevent a community outbreak.

In order for student-athletes to participate in indoor sports, they are required to test weekly. We are currently creating a weekly testing format for all indoor sports. Tests will be administered at [Ponderosa High School](#), coordinated by the team coaches, in preparation for upcoming week. Students who are symptom free can take the test. Students who are symptomatic should be in contact with our health office and stay home from school and practice. *(Symptomatic students should test with a health provider and quarantine until a negative result is received or until 14 days have passed. If a student is placed on quarantine, they are ineligible to participate until cleared.)*

Families must register online in order to receive weekly tests. The tests are free to students. As part of the registration process, you will be asked to provide private health insurance or Medi-Cal information. Those agencies will cover the cost of the test, with no cost to the individual families. Please use the link below to register your student-athlete,

[Student URL](#)

[Coach URL](#)

If you need assistance registering online, please contact us at (530) 677-2281 x 2211.

Please note that the online registration form asks optional questions. Families are not required to answer optional questions. Parents/guardians of minors shall receive notification of the testing results. Students 18 years or older shall receive the results directly.

*If we receive a positive test back, we will be notifying our school nurse and following our normal positive protocols and public health guidelines.

